

## SPORTSWOMAN OF THE YEAR



## Anna Thomson

Anna Thomson is a national and regional triple jump champion. In May 2017, she came 3rd in the Open Women's Triple Jump at the Oceania Championships in Fiji.

She was 1st at the National Athletics Championships in the Open Women's Triple Jump for the second year running. She also achieved 1st place in the Open Women's Triple Jump at the Capital Classic, the Annual Jumps to Music in Hawera and the Wellington Championships

Anna was voted the 2017 Wellington Female Jumper of the year.

Over the years Anna has also been an athletics coach and mentor for children aged from 5-12.



## **Bronagh Ryan**

Swimmer Bronagh Ryan has had a big year competitively in 2017. Internationally she attended the 2017 McDonalds Queensland Short Course Championships in Brisbane. She came back with 3 Gold medals and 1 Bronze, whilst breaking the Wellington Womens Open 50m Breaststroke record of 31.34 seconds that she set in October of 2016.

At the NZ short course Championships in October where she set that record and won Gold, she won an additional Gold and set a NZ Open and Wellington Record in the Women's Open 100 meter breaststroke. She also won Gold and Bronze at the 2017 NZ Open Championships in April 2017.

Bronagh is a fantastic role model for younger swimmers, always encouraging and putting them at ease on club race nights and at meets. For many years she has been a team leader for Porirua City Aquatics in house league series.



## **Whitney Souness**

Following a standout season with the 2017 Central Pulse in the ANZ Premiership, Whitney was selected in the Silver Ferns squad for the International Quad series against Australia, England and South Africa. Whitney became Silver Fern Number 167 when she made her debut on August 26th, against the Proteas at Brisbane Entertainment Centre. The Silver Ferns won the match and went on to win the quad series.

After performing well at the Quad Series, Whitney earned selection for the squad to take on Australia in the 2017 Constellation cup.

This is an amazing achievement after she faced and beat down a potentially career ending ACL injury during her 2016 season with the Pulse.



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